

Rhamnus catharticus	3X10% v/v
Senna	1X10% v/v
Alcohol content	47% v/v

**Proven indications** of the individual ingredients in the sphere of claimed action:

**Hydrastis canadensis:** Constipation, with sinking feeling in stomach, and dull headache. During stool, smarting pain in rectum. After stool, long-lasting pain. Acts especially on mucous membranes, relaxing them and producing a thick, yellowish,ropy secretion.

**Leptandra:** Constipation due to liver complaints. Stools black, first hard, tarry, bilious, undigested, followed by great distress in liver. Constant dull aching distress in umbilical region. Burning distress in back part of liver and spine.

**Oleum ricini:** Cramps colic during stool in constipation. Stool hard in small balls with a little mucous and blood. The pit of the stomach is very sensitive. Pains shoot towards the umbilicus and hypochondria.

**Podophyllum peltatum:** Constipation alternating with diarrhoea. Small, frequent, bilious stools with tenesmus. Before stool: intense nausea; sudden urging; loud gurgling as of water; rumbling in left side; violent colic or absence of pain; prolapses ani.

**Rhamnus catharticus:** Very useful in constipation, violent rumbling and griping, especially cutting pain in ilio-caecal region and in the transverse colon; abdomen hard. Hardness of abdomen during constipation with bloating.

**Senna:** Constipation, with colic and flatulence. Stools hard and dark with loss of appetite, coated tongue, bad taste and weakness. Evacuation with tenesmus and followed by a burning sensation in the anus. Skin disease with constipation; colicky pain during evacuation. It acts as a tonic where the system is broken down, bowels are constipated and muscles are weak.

#### Directions for use

**Dosage:** Unless otherwise prescribed, 10-20 drops with ¼ cup of water, upto 3 times a day half an hour after meal.

**Note:** The product contains alcohol. In the case of children, pregnant and lactating women and in certain serious liver and alcohol problems, consult a specialist.

**Side effects:** No side effects of **Good Morning™** are known.

**Contraindications:** Hypersensitivity to the above ingredients.

**Interactions:** No interactions between **Good Morning™** and other products are known.

**Presentation:** 30 ml glass bottle.

#### References:

1. Smritee Chaturvedi. 22% of Indian adults suffer from constipation : Abbott 'Gut Health Survey'. Abbott Media. Godrej BKC, Plot C 68, G block. 16th Floor, Bandra Kurla Complex. Near MCA Club, Bandra (E). Mumbai – 400051. India.
2. Manoel Álvaro de Freitas Lins Neto, Keila Andreia Martins Moreno, Ravidson Carlos Correia da Graça, Sandra Maria Gicó Lima,. Constipation prevalence in diabetic patients, Journal of Coloproctology, Volume 34, Issue 2, 2014, Pages 83-86, ISSN 2237-9363

## Zauber™ Hair Drops

This product was developed by Schwabe India in response to the growing market demand for a solution to hair problems like hairfall, early greying, and others.

#### Introduction

Hair complaints are very wide in range. Among them common complaints are hair loss, dandruff, greasy hair, split hair, dry hair, tinea capitis, premature of greying of hair, etc. In most cases, it develops gradually. These problems can start at any age. Hair fall and baldness are considered old age problem, but they are now prevalent at younger age. In most cases, it develops gradually. Healthy hairs are part of beauty. Thin hair and baldness have negative impact at interviews, meetings, presentations etc. Density of hair on scalp does not only reflect level of energy, but also the state of health and beauty. It is a major factor for beauty for both men and women of marriageable age. Certain drugs, severe infections,



surgery, thyroid hormone disorder, stress, autoimmune diseases, pregnancy, anaemia, etc. are the most common causes of the hair complaints. Environment,<sup>1,2</sup> lifestyle and food habits play a vital role in healthy growth of hair. Among the causes of hair related complaints in growing adults and young people, “emotional factors & depression”, scalp infection, pregnancy are common. In some of the other cases, it is due to the use of oral contraceptives, steroids, badly formulated hair gels and dyes. In small percentage, it may be genetic. A report reveals that alopecia is one of the few conditions for which homeopathy is preferred.<sup>3</sup>

**Zauber™** hair drops is enriched with the commonly indicated and most effective homeopathic remedies known for their action to prevent hair loss and alopecia. **Zauber™** drops is indicated in hair loss due to various causes. Its ingredients cover the characteristics of numerous conditions of hair fall. It covers wide spectrum of hairfall and related symptoms as well as multiple causative factors.

**Indications:** Hair fall, Hair loss and related complaints like dandruff, greasy hair, split hair, dry hair, tinea capitis, premature of greying of hair.

#### Composition:

Each ml contains:

Each ml contains

Acidum phosphoricum	3X 10% v/v
Graphites	5X 10% v/v
Sabal serrulata	3X 10% v/v
Silicea	6X 10% v/v
Thuja occidentalis	3X 10% v/v
Alcohol content	27% v/v

**Proven indications** of the individual ingredients in the sphere of claimed action:

**Acidum phosphoricum:** Hair turns grey or flaxen and falls out early in life. The hair becomes very greasy, falls off; also hair of beard, especially after grief and sorrow. Thinning of hair. Hair falling since typhoid fever. General debility. Suitable to people who are apathetic, indifferent, or have problem in collecting their thoughts or find the right word.

**Graphites:** Hair of vertex, sides and beard turns grey early and falls out, with matted and brittle hair. Bald patches at the beard and chin. Complaints of hair in chilly and costive patients. Itching in the scalp. Humid scabs on the head, spreading, scurfy eruption on the top of the head, painful to the touch, as if from subcutaneous ulceration, and emitting a disgusting odour. Premature greying of hair.

**Sabal serrulata:** In a recent study, it was found effective in

the treatment of hair fall due to its inhibiting the activity of 5-alpha-reductase, an enzyme involved in the conversion of the hormone testosterone to dihydrotestosterone (DHT).<sup>4</sup> It is indicated in the treatment of androgenic alopecia.

**Silicea:** Scalp sensitive to touch, even to hat; resulting in tearing pains. Premature baldness. Hair falls when combed. Profuse sweat of head, offensive, and extends to neck. Falling off of the hair. Itching pustules and bulbous swellings on hairy scalp and on neck; very sensitive to pressure, touch, and when lying on it; better when wrapping it up warm.

**Thuja occidentalis:** Thin hair, grows slowly, splits and falls off. White scaly dandruff. Hair thin, grows slowly, splits; brittle, looks crimped. Hair becomes hard, dry, and lustreless, and falls out. Excessively painful tenderness of left side of head, and of the hair, at night, when lying down, and when touched.

**Dosage:** Unless otherwise prescribed, 10-20 drops with ¼ cup of water, upto 3 times a day either half an hour before or after a meal. Keep them in the mouth for a while before swallowing.

**Note:** The product contains alcohol. In the case of children, pregnant and lactating women and in certain serious liver and alcohol problems, consult a specialist.

**Side effects:** No side effects of **Zauber™** are known.

**Contraindications:** Hypersensitivity to the above ingredients.

**Interactions:** No interactions between **Zauber™** and other products are known.

**Presentation:** 30 ml glass bottle pack

#### References:

1. Stephen J. McPhee et.al., Current Medical Diagnosis & Treatment, Mc Graw Hill, 49th Edition, 2010.
2. Hair diseases. In: Habif TP, ed. Clinical Dermatology. 4th ed. St. Louis, Mo: Mosby; 2004:chap 24
3. Homeopathy Emerging With Big Bang, Likely To Be Rs. 26 Billion Industry: ASSOCHAM, A Press Release by The Associated Chambers of Commerce and Industry in India, Sunday, December 09, 2007.
4. Joanna Igielska Kalwat. The Use of *Serenoa Repens* (Saw Palmetto) in Hair Care Products. Biomedical Journal of Scientific & Technical Research 13(1)-2019.BJSTR. MS.ID.002348. DOI: 10.26717/BJSTR.2019.13.002348