

## Sanguinarinum nitricum

The nitrate of the alkaloid called sanguinarine obtained from *Sanguinaria Canadensis*.

**History and authority:** This remedy was proved by Owens. Dr. Clarke has also mentioned the details of this remedy in his book Dictionary of Practical Materia Medica, Vol. III. There are many other authors including Boericke, Blackwood and others who have described this remedy in their works. A compilation of the same is given below.

**Clinically used for:** Respiratory and related ailments like adenoids, allergies, asthma, bronchitis, catarrh, coryza, laryngitis, polyps, post-nasal catarrh, sore throat, hay fever, etc. Suitable for ear complaints like deafness, eustachian catarrh, tinnitus, etc. Also useful in other complaints like borborygmus, colic, stiff-neck, pharyngitis, headaches, influenza, quinsy and others.

**Prepared by:** Sanguinarine nitrate is derived from plants like *Sanguinaria canadensis*, *Chelidonium majus*, etc. To make one kg of the 1X trituration, Sanguinarine nitrate 100g and Sacchrum lactis 900g is used.

### Symptomatology:

#### Mind

Restlessness due to fever. Often irritable.

#### Head

Dizziness with discharge of mucus from nose and air passages, aggravated at night. Slight aching sensation with soreness all over head and scalp. Pain in supra-orbital region of a sore, aching character, initiating from right eyeball extending across forehead and settling above root of nose. Burning pain in forehead and root of nose. Heat in forehead ameliorated after bathing with warm water. Sensation of obstruction and fullness in head ameliorated by discharge of a large quantity of thick, yellow, sweet-tasting mucus. Pain in left side of head extended to parietal ridge and back to mastoid process, with stiffness in muscles of left side of neck and top of left shoulder as from a draught.

#### Eye

Sore, aching pain in eyeballs extending to supra-orbital region. Redness and soreness of inner canthi with swelling. Burning, pressing aching, and sore pains in eyes. Profuse lachrymation with gushing tears. Redness of lids and conjunctiva. Sight dim, as if looking through gauze or as if film of mucous spread over sight.



#### Ear

Eustachian tube obstructed. Difficult to differentiate various sounds. Roaring sound in right ear.

#### Nose

Trickling of watery discharge from both nostrils. Burning pains in both nostrils. Frequent sneezing and profuse lachrymation. Sensation rising to nostrils as if he had taken strong horseradish. Accumulation of mucus obstructing nose and bronchi. Dry, sore, raw feeling in nostrils. Free discharge from posterior nares (esp. left), tinged with blood.

#### Mouth

Slight acrid, burning sensation on tongue. Heat in mouth as if eaten pepper. Ulceration on the side of the tongue. Increased flow of mucus and saliva with sneezing and burning in forehead. Bitter taste extending back to root of tongue. Dryness of mouth and throat from breathing with open mouth due to obstructed nose awakens from sleep.

#### Throat

Altered, deep, hoarse voice. Rough, dry, constricted sensation with burning in mouth and throat. Right tonsil sore, swallowing difficult. Red, irritable spot seen on inspection. Great accumulation of mucus in throat and bronchi. In morning raised great quantities of thick, yellow, sweet-tasting mucus, which continues all day.

**Appetite**

Decreased appetite. Bitter taste extending back to root of tongue. Everything tastes dry like chips. Coffee does not taste natural. Desires something succulent, not pungent, which soothes the hot, dry, parched, raw mouth and throat.

**Stomach**

Burning felt in stomach and oesophagus. Although stomach empty since morning, belching up of putrid gas.

**Abdomen**

Sharp, cutting pains in abdomen as if diarrhoea would set in. Borborygmus with pain.

**Urinary organs**

Frequent micturition at every possible hour at night, depositing a white or bright yellow sediment.

**Respiratory organs**

Chronic nasal, laryngeal and bronchial catarrh. The cough became harsh, leaving soreness and rawness in throat and chest, with scraping, raw sensation in pharynx. Dryness and burning in throat and bronchi. Short, hacking, tickling cough with expectoration of thick, yellow, sweetish mucus. Cough became deeper and rattling, the pressure extended to both lungs, greatly increasing the sense of suffocation. Strong desire for fresh air. Feeling as if air passages lined with thick, stiff mucus or pus. Raises thin, frothy mucus, which is very tenacious.

**Chest**

Tightness in chest. Pressure behind centre of sternum extending to both lungs, increasing the sense of suffocation. Heat, tension, burning, and accumulation of mucus behind centre of sternum.

**Neck**

Neck and shoulder muscles stiff especially left side.

**Sleep**

Poor sleep due to restlessness from fever along with irritability.

**Modalities**

Bathing with warm water and discharge of mucus from nose ameliorates heat in forehead and headache. Aggravation from touch, at night, pressure worsens soreness of eyes.

**Relationship****Compare**

- (1) Exophthalmos, Sanguinarinum tartaricum
- (2) Mydriasis, dim vision, Arum triphyllum, Psorinum, Kali-bichromicum, Sanguinaria.
- (3) Burning in nostrils, Arum triphyllum.
- (4) Tenacious mucus, Kali-bichromicum.
- (5) Hay fever, allergic rhinitis, Psorinum.
- (6) Sweet expectoration, Stannum metallicum.

**Recommended potencies**

6CH, 12CH, 30CH, 200CH, 1M, 10M, 50M, CM

**Bibliography**

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