

## Section-2: Materia Medica on Phyto-homeopathy

Phyto-homeopathy is a branch of homeopathy that uses standardised phyto-constituents to stimulate the body's natural healing processes. It combines the principles of homeopathy with the healing properties of plants to promote wellness and vitality. Phyto-constituent derived remedies are mainly known for their precise or organ specific action. These remedies can be used to treat a wide range of health conditions, from acute illnesses to chronic diseases, making it a valuable tool for promoting optimal health and wellbeing.

### Chrysarobinum

**Medicine prepared from Goa powder, a substance found deposited in cavity of the trunk of Andira araroba. It contains chrysarobin and other anthracene derivatives.**

**History and authority:** Dr. Boericke in Homeopathic Materia Medica and Repertory, 9th edition. Other authors have also described the usefulness of this remedy in homeopathy. A compilation of different symptoms given by various stalwarts is given below.

**Clinically used for:** Skin diseases especially in ringworm, psoriasis, herpes tonsurans (Tinea capitis, ringworm of the scalp), acne rosacea and eczema along with other itchy ailments. Also useful in inflammatory conditions of the eye like blepharitis, conjunctivitis and keratitis.

**Prepared by:** 100gm of Chrysarobinum fine powder in 900gm Saccharum lactis gives 1X preparation.

#### Symptomatology:

##### Ears

Eczema behind ears. Filthy appearance with tendency to form thick crust or scabs. Whole ear and surrounding tissue appears to be one scab.

##### Eyes

Optical hyperesthesia. Intense photophobia. Blepharitis, conjunctivitis and keratitis.

##### Skin

Vesicular or squamous lesions, associated with foul smelling discharge and crust formation. The lesions tend to become confluent and give the appearance of a single crust covering the entire area at the affected site. (Bernstein). Complaints accompanied with violent itching, especially in thighs, legs and ears. Dry, scaly eruption, especially around eyes and ears, scabs with pus underneath.



#### Relations

Chrysarobinum contains chrysophan, which is rapidly oxidized into chrysophanic acid. This is also found in Rhubarb and Senna.

#### Recommended Potencies

30CH, 200CH and 1M.

#### Bibliography

1. W. Boericke, New Manual of Homeopathic Materia Medica & Repertory [with Relationship of Remedies], Second Re-Augmented & Revised Edition Based on Ninth Edition, Reprint Edition 2002, B. Jain Publishers, New Delhi.
2. P. N. Varma, Indu Vaid, Encyclopaedia of Homeopathic Pharmacopoeia, Updated edition 2007, B. Jain Publishers, New Delhi.
3. R. Murphy, Lotus Materia Medica, Third Revised Edition, B. Jain Publishers, New Delhi.
4. Blackwood, Alexander Leslie, and A. C. Blackwood. A Manual of Materia Medica: Therapeutics & Pharmacology With Clinical Index. B. Jain Publishers, 2002.